

# Manual on How to Walk in Unity

Lesson 12a: Ephesians 1-6

Sunday, May 13, 2007

**Intro:** How do you walk?

The Apostle Paul uses the term “walk” 7 times in the letter to the saints in Ephesus. In the first 3 chapters Paul tells them 2 things about their “walk” or “behavior” before they came to Christ:

**#1:** Eph 2:2 We were \_\_\_\_\_ in the sin in which we \_\_\_\_\_ **walked**

**#2:** Eph 2:10 We are God’s workmanship created for good \_\_\_\_\_ which He hath ordained beforehand that we should **walk** in them

**In chapters 4-6 of Ephesians**, the apostle Paul gives us a manual on how to preserve unity in His church in the bond of peace.

Paul’s manual includes attitudes and actions which produce unity that we are to emulate ... and those attitudes and actions which produce division which we are to avoid.

**#3:** Eph 4:1 **Walk** in a manner \_\_\_\_\_ of our calling

a. **worthy manner:** preserve the \_\_\_\_\_ of the Spirit in the bond of peace. (3)

b. \_\_\_\_\_ **with which we should walk (2):**  
*Walk with complete humility and gentleness; with patience, bearing with one another in love*

c. \_\_\_\_\_ **for how we should walk (4-6):**  
Christian \_\_\_\_\_ proclaims the truth that there is only one God and He has only one church produced by one gospel (faith)

**#4:** Eph 4:17 Do not **walk** like \_\_\_\_\_ -Christians

*So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk ...*

How does a non-Christian walk:

- \_\_\_\_\_ is self-deluded (17)
- \_\_\_\_\_ is darkened (18)
- \_\_\_\_\_ is hard and calloused (18-19)
- \_\_\_\_\_ is completely given over to every form of sensuality & impurity with greediness. (19)
- Harm others by:**
  - engaging in lusts that \_\_\_\_\_ others (22)
  - \_\_\_\_\_ from others (28)
  - speaking words that \_\_\_\_\_ down (29)
  - attitude and actions of \_\_\_\_\_, wrath, anger, clamor, slander and malice, which grieves the Holy Spirit (30-1)

**Result:** Thinking, feeling and acting like non-Christians will not only create \_\_\_\_\_ between believers and demonstrate a lack of spiritual maturity (4:13), but will \_\_\_\_\_ our relationship with God (H.S.)

**#5:** Eph 5:2 \_\_\_\_\_ God: **walk** in love as Christ loved us

*Therefore be imitators of God, as beloved children; <sup>2</sup> and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma.*  
(Eph 5:1-2)

**Main Point:** When we \_\_\_\_\_ Jesus: we think like Him, we care about what He cares about and we act like He does; there will be love ... and \_\_\_\_\_ unites believers together.

#6 Eph 5:8 **Walk** as children of light who \_\_\_\_\_  
and then \_\_\_\_\_ the darkness

*for you were formerly darkness, but now you are Light in the  
Lord; walk as children of Light*

**Main Point:** For unity to exist among believers in the church and  
with God, sin must first be avoided, then \_\_\_\_\_ & confronted  
.. because sin among believers causes \_\_\_\_\_.

#7 Ephesians 5:15 **Walk** \_\_\_\_\_ ;

How?

1. make the most of our \_\_\_\_\_ (15)
2. live under the \_\_\_\_\_ of the Spirit (18)
3. \_\_\_\_\_ ourselves to others in all our relationships (21)
  - a. \_\_\_\_\_ (5:22-33)
  - b. \_\_\_\_\_ (6:1-4)
  - c. \_\_\_\_\_ (6:5-9)

**Challenge Questions:**

1. How is your personal “walk”?
2. Would the Lord characterize your overall walk as one  
producing *unity* or *division*?
3. Does your walk **IMITATE** the **love of Christ** which *builds  
others up* ... or does it **IMITATE** the behavior of **non-  
Christians** which **harms others** in its quest to gratify its  
lusts?
4. As **children of the light**, do you hang around and **silently  
condone** the practices of darkness that cause **division**  
between God and men ... or do you purposely **avoid** and  
**expose** them, so they will repent and experience God’s  
intimacy now and forever?
5. Are you **walking foolishly** or with **wisdom**?
  - a. are you **investing** your time in eternal things that last ...  
or are you **spending** it on things that will burn in the  
fire?
  - b. are you living in frustration and producing **NO fruit** in  
your life because you are trying to **live** the Christian life  
in **your own power** ... or are you seeing God do great  
things in and through you as you **surrender control** of  
your life to the **Holy Spirit**?
6. Does your attitude and actions cause **division** in your  
**marriage, family** or **work/school** because you are  
demanding others to serve you and meet your needs ...  
or are you **building bridges** because you **humbly subject  
yourself** to everyone around you because:
  - \* you fear Christ
  - \* you love others and put their interests before you