



THE “WHAT’S-THE-STATUS-OF-YOUR-LYING-EMBERS?” QUIZ

We dare you to take our “What’s-the-status-of-your-lying-embers?” Quiz. (It’s a mini-version of our nationwide Blazing Lies Test.) It should reveal—with no scientific accuracy whatsoever—areas where you might be experiencing deception. (Read: It’ll give you a good idea of where there may be some embers lying around just waiting to burst into flames!)



Selecting one per pair, **circle** the word or set of words that reflect how you feel or respond **most of the time.** ✓✓

- (1) **Relaxed** or >>> Totally stressed-out
- (2) **Happy-to-be-single** or **Gotta-have-a-guy**
- (3) **Good-with-what-ya-got** or **Ugly**
- (4) **FORGIVEN OR GUILTY**
- (5) **Definitely-taking-my-problems-to-God-first** or **Gotta-ask-my-friends-for-advice**
- (6) **Got-just-enough-friends** or > **Lonely**
- (7) **Friendly** or > Totally PMS-ing
- (8) **AUTHENTIC OR HYPOCRITICAL**
- (9) **In-control-of-my-tech-world** or **Would-die-without-text-messaging, Facebook, and more**
- (10) **Confident-in-my-stand-to-be-pure** or **Ashamed-to-stand-alone**
- (11) **Content-with-what-ya-got** or **MUST-shop-now**
- (12) **The-real-deal** or **Different-depending-on-who-I’m-with**
- (13) **Walking-in-victory** or **Unable-to-overcome-certain-sins**
- (14) **Content-to-submit** or **Angry-at-my-parents**
- (15) **Confident-of-God’s-protection** or **Afraid-of-Satan**

OK, it doesn't take a rocket scientist to figure out we used some healthy descriptions first ("No embers here. You're a Truth speaker for your generation!") and some unhealthy descriptions last ("Lying embers alert! You're in danger!"). Which did you tend to circle?

**"NO EMBERS HERE.
YOU'RE A TRUTH SPEAKER
FOR YOUR GENERATION."**

If you live with positive, healthy emotions and relationships the majority of the time, thank God that He has kept you shielded. But don't put this book down. You may not be believing lies yourself, but you are still a part of this crisis. We need you to join us in putting out the lies that are blazing through your generation.

The Bible says we have a responsibility to try to restore those who wander off from the Truth. God wants to use *you* to reveal Truth to those who are trapped in deception. We think you'll find some practical encouragement in these pages.

**"EMBER ALERT!
YOU'RE IN DANGER."**

We're guessing you may be in our second group. At some level, you experience negative emotions or harmful responses that are rooted in lies you've believed (though you may not even realize they are lies). You're in the "Ember alert! You're in danger!" group. What makes us think that you are in this group? Well, we've been there. We've struggled with many things on our own quiz.

However, we, along with countless others, have learned how to find freedom from the lies Satan throws our way. We want to show you how you can break free from any lies you may be believing. We want you to be free from the depression, guilt, confusion, condemnation, and discouragement that result from believing those lies.

If you don't escape from the lies, you could be facing serious danger—both immediately and down the road. We can't just stand by and watch that happen. So we're not going to beat around the bush. We're going to be straightforward and bold with you. If you've been caught in deception, it will take nothing less to rescue you from the Deceiver.



THE James 5 CHALLENGE

Several years ago the last two verses in the book of James jumped out at me (Nancy) during my quiet time:

If anyone among you wanders from the truth and someone brings him back, let him know that whoever brings back a sinner from his wandering will save his soul from death and will cover a multitude of sins. (James 5: 19–20)

Immediately I knew why it was important for me to write a book called *Lies Women Believe: And the Truth that Sets Them Free*. I've received hundreds of letters from women who read that book. They shared their stories about the lies they have believed and the damage those lies have caused in their lives. In many cases, the seeds of those lies were first planted in their minds when they were teenagers—or even younger.

Many of those women have experienced newfound freedom as they have learned to counter the lies by walking in the Truth. But they earnestly wish they had known the Truth years earlier, before those lies produced so much pain. They've asked, "Isn't there something I could share with my teenage daughters, so they could learn the Truth *now* and wouldn't have to go through what I've been through?"

That question is what led me to team up with my friend Dannah Gresh to write this book.